

Pound It! Squeeze It! Paint It!

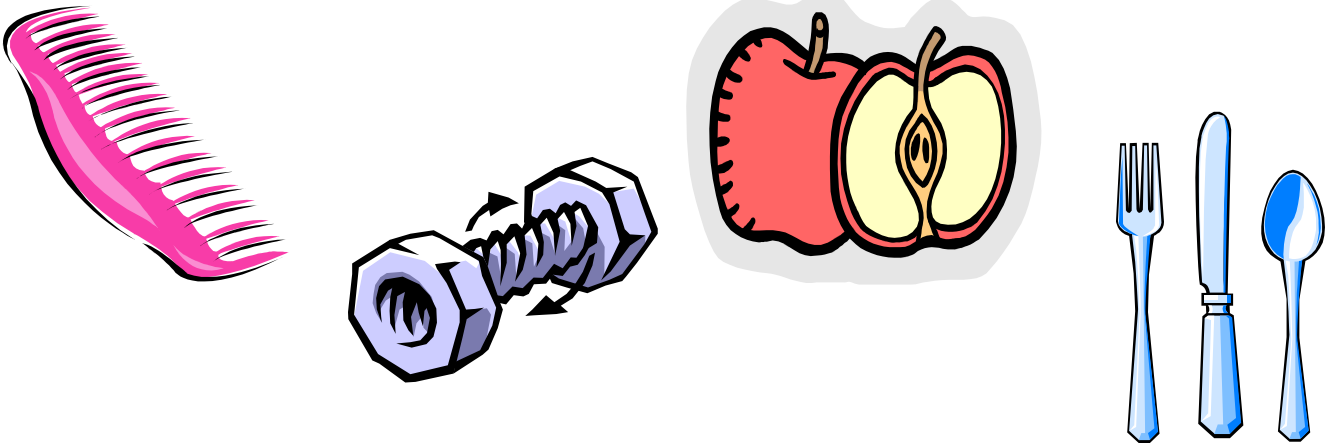
Table of Contents

Introduction	3
Pound It Materials	4
Pound It Activities	5
Squeeze It Materials	16
Squeeze It Activities	17
Paint It Materials	19
Paint It Activities	20
Recipes for Painting Activities	20
Activities You Can Eat	42
Miscellaneous Activities	52
Especially At Christmas Time	58
Books for Use With Art Ideas	67
References	68

Pound and Print

Materials: several tin pans of different colored tempera paints
various objects to make colored prints
sheets of absorbent paper

Method: Let the children “print” by dipping a variety of objects into the paint and making impressions on absorbent paper.
Use such printing objects as vegetables, fruits, hair curlers, nuts, bolts, kitchen utensils, plastic table toys.
Kitchen tools with handles such as mashers and cookie cutters are good for beginners!! Pound it!!



Handprints

Handprints make special gifts for the parents.
Have children dip their hands in colored tempera paint and put on paper or cardboard.

Footprints

Have child dip feet in liquid tempera paint, and then place on big sheets of paper.
Have child walk all over the paper, if desired, making footprints.

Vaseline Printing

Allow children to mix Vaseline and dry tempera by spreading on paper.
Fingerprint paper works great!
Food coloring or liquid paint can also be used.

Special Recommendation: This is a messy but fun activity. Children should be encouraged to wear paint shirts or cover to protect their clothing.

***Motivation**

“Susie Pounds With One Hammer”

*Susie pounds with one hammer,
one hammer, one hammer.
Susie pounds with one hammer,
Now she pounds with two.*

*(Pound with one fist) then
two fists, and one foot
pounding then two feet,
shoulders finally head.)*

*Susie pounds with two hammers
Susie pounds with two hammers,
Now she pounds with three*

(Pound with two fists)

Susie pounds with three hammers

*(Pound with two fists and one
foot)*

*Susie pounds with three hammers,
now she pounds with four.*

Susie pounds with four hammers

*(Pound with two fists and two
feet)*

*four hammers, three hammers.
Susie pounds with four hammers,
Now she pounds with five.*

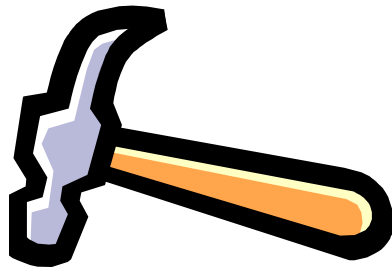
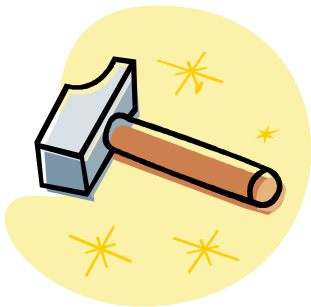
Susie pounds with five hammers

*(Pound with two fists, two feet
and nod head)*

*five hammers, five hammers.
Susie pounds with five hammers,
Now she stops!*

Use each child’s name in the song.

The child can pound with a hammer when their name is being sung.



Squeezing Activities

Squeezing It With Sand

Take a cotton ball and spread glue over construction paper.
“Squeeze” any excess glue.
Then mix sand and dry tempera-Sprinkle over glued paper.
Shake excess of mixture back in containers-!!

Squeezing It With Rice

Place rice in a jar with lid and dry tempera or drops of food coloring.
Shake well and squeeze glue on construction paper, then apply rice!!

Squeeze It With Cereal

Have children create designs with various kinds of cereals.
They may glue cereal on construction paper, let dry, and paint over it.

Squeeze It With the Noodle Family

Cook noodles of different shapes and sizes!
Then allow each child to choose noodles and glue them on to construction paper.
This also makes beautiful pictures - Good for squeezing!!
For an extra touch, place saran wrap or colorful cellophane over the finished product!!!

Squeeze It With Food Coloring

Have child wet a paper towel.
Squeeze excess water from the paper towel.
Drop food coloring on paper towel and watch magic right before your eyes.

Squeeze It With Colored Collages

Shake rock salt or egg shells and macaroni in a thin mixture of powdered paint or food coloring and alcohol.
Squeeze it with glue and make a beautiful collage.

Starching It With Fingertips

Ingredients: 1 cup starch
2 2/3 cups boiling water
1 cup soap flakes
2 tablespoons glycerine
powdered tempera paint
6 drops of oil of olives
or oil of wintergreen

Method: Dissolve starch in a little cold water.
Add boiling water and stir until mixture is thick.
Cool slightly and add soap flakes and glycerine.
Add a few drops of spice extract for a pleasing odor.
Paint should be kept in covered jar and will keep longer if kept in refrigerator for a couple of weeks if spice extract is added.
(A couple of tablespoons of powdered alum will also serve as a preservative.)

Cornstarch Finger-Paint

Ingredients: 1 cup cornstarch
8 cups water
tempera paint

Method: Bring water to boil. Dissolve cornstarch in small amount of cold water. Gradually add cornstarch (dissolved) to boiling water. Bring to a boil again. Paint will thicken slightly as it cools. Add the desired color(s) of powdered tempera.

Wheat Pasting With Fingers

Ingredients: wheat flour (type used for making wall paper paste)
cold water

Method: Put water in a bowl or pan first.
Stir in wheat flour until desired consistency is achieved.
Stir vigorously for a couple of minutes to avoid lumps.
Add a few drops of oil of cloves.
Then add coloring as for cooked finger paint.
This wheat flour finger paint does not keep as long as the cooked variety, but has the advantage of quick preparation.

Christmas Wreath

Make a wreath with a paper plate.
Cut out the center of the plate and use just the rim.
Children may glue green squares of tissue all around the plate rim for holly.
Roll small squares of red tissue and glue on for berries.
String can be attached at the top for hanging.
Children may make red bows to be glued at the top of the wreath.



Jingle Bell Painting

Cut pieces of white paper.
Put out small containers of red and green paint with a stick or spoon in each.
Children place pre-cut shape in large box or plastic tub, spoon a few dabs of paint onto the paper then drop a large jingle bell into the box and tilt the box so that the bell rolls through the paint making a design.
Children enjoy hearing the jingle of the bells and seeing the newly created designs!!!

Motivation:

Ring Jingle Ring

*Ring the bells,
Jingle the bells,
On this Christmas Day
One is for you
Two is for me,
Three is for the shining star
That points out to thee,
Four is for the shepherds
who saw the angel bright
Five is for the little boy
born that heavenly night.
Ring, Jingle Bells, Ring*

Also: Pass out five felt bells to five children; let them place them on the flannel board in order from 1 to 5 as the poem is said

